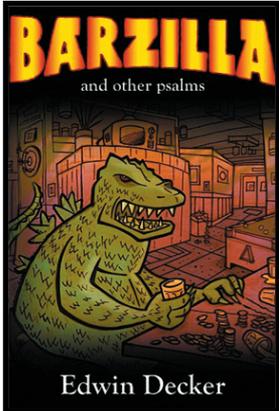


# LIFESTYLE



## BEACH READING 'Barzilla'

Chances are you've seen it: **Barzilla** making an appearance at the local bar. Rowdy, disruptive and disrespectful, Barzilla stirs up chaos in its drunken state. San Diego bartender **Edwin Decker** shares his account of the infamous troublemaker and other colorful characters in his new book of poetry, "**Barzilla and Other Psalms.**" Beyond nightlife encounters, Decker includes comical personal experiences. He shares getting beaten up by Janet when they were 7 at a bus stop, himself angrily throwing dishes at his own mortality, and the time when Jesus was his personal fitness trainer.

With its sarcastic wit, many of the poems will make you laugh and wonder what Decker's creative mind will churn out on the next page. Not all laughs, though, Decker keeps the mix eclectic with an occasional reflective piece, commenting on topics like loss and the environment.

— TARA STONE



## DRINKS CPK's California Cosmo

In its first expansion in five years, **California Pizza Kitchen** opened a restaurant in **Vista Village** Nov. 14, and another one opens for business in the **Otay Ranch Town Center** Monday. In honor of the two new places, here is CPK's recipe for the **California Cosmo**. It's easy to prepare, easy on the eyes and perfect for the holidays. Cheers!

- 2 ounces **Ciroc Vodka**
- 3/4 ounces **Cointreau**
- 1 1/2 ounces **Welch's Red Grape Juice**

Fill mixing tin with ice; add **Ciroc**, **Cointreau** and **Grape Juice**. Shake and strain into a large martini glass (7.5 ounces). Garnish with a **Grape Spear**.

— DON CHAREUNSY



Charlie Neuman / Union-Tribune

## WEEKENDS

Cover girl **Laura Fairchild** describes her perfect San Diego weekend:

"Gosh, where to begin. San Diego offers so many ways to spend a perfect weekend. Perhaps just a simple and quiet weekend including a run in the San Elijo Lagoon with my dogs, an afternoon stroll on the bluff in Del Mar, watching the sunset with a bottle of wine shared with some friends, trying a new restaurant downtown – then, sleeping in on Sunday, followed by an obscenely late breakfast at Beach Grass Cafe (where they have the best summer vegetable quiche and green tea), topped off with some afternoon window shopping on Cedros, and then out to a movie."